



November 2023

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Please limit submissions to 500

The Scoop

AA in the AV 49

AA in the AV 49
By Bruce L.
District 7 Archivist

After finding the address of Ernie McBride's Used Car Lot in the 1980 Lancaster Yellow Pages, I went to the current location, and there was the old barn-shaped building but it was no longer red and the attached room on the front where the AV Men's Stag used to meet was gone.



Today it's an RV Storage lot. But as you drive by, just south of Avenue J, tip your hat to old Ernie for starting the meeting in 1973, one of the longest continuously attended meetings in the Antelope Valley.



Fifty years and counting.

See you next month,
Bruce L.

Calendar of Events

H&I Meeting- 2nd Sunday each month @10am, Friends of Bill
District 7 Meeting- 2nd Monday each month @ 630, Grange Hall
AV Roundup Halloween @ The Grange, Oct. 21st , Open Door
Halloween Costume Party, October 28th 9:30 to Midnight \$15
AV H&I Chili Cookoff, November 11th 1:30-4:30 @ the Grange

“THE WAY IT WAS, WHAT HAPPENED, AND HOW IT IS NOW”

TODAY

I enjoy a productive life, interacting with my family, friends and society. It was not always like this, as there was something I had to overcome.

IN THE BEGINNING

My parents were artistic people with four children. We lived a superficial life, as appearances were very important. My mother was a rage-aholic. I became very self-conscious with dreams to become an actress. In time I married and had children.

Later when my husband wanted a divorce and I became a single mom. Soon I was hospitalized for nervous breakdown. Doctors advised me to take care of myself. At that time I didn't know about "addiction". Soon I found alcohol, and it took away the fear, until a DUI got my attention.

BANKRUPT COMPLETELY

I hated myself, the life that I was providing my children, and realized there must be a better way. Shortly thereafter I found myself crying out to God for help.

RECOVERY INTRODUCED

Within days I showed up at an AA Meeting. I knew no

one, but took every suggestion. I read books, went to meetings, took commitments, studied the principles, took panels to hospitals & institutions, and got a sponsor. I did not drink or use a mind-altering substance no matter what!!

I WAS REINVENTED

I developed a new relationship with God. Now I could see Him working in my life. I was emotionally present when my mom died a year later from cancer. I never blamed her for my life, as she was an untreated alcoholic. When I remarried at 5 years sober I chose someone with healthy values and I work at becoming the wife I always wanted to be. And the mom I always wanted my children to have. I was sober 13 years when my brother overdosed on drugs. I understood that I could not get sober for him, and was powerless over his decisions. He hit bottom; it was death. My brother's demise drove me into a huge mid-life crisis. I threw myself into therapy, inner-child work, and found that someone could sustain depression, and not drink. When my eldest son died of cancer, I was 25 years sober. I understand loss now a little differently. We teach our children and release them. This experience provided me the opportunity to co-facilitate a bereavement group.

GIVE IT AWAY TO KEEP IT

My recovery is not only mine. My family reaps the

blessings of my gift of sobriety. My calling is to share my strength with those who want guidance. My disease stays in remission by keeping a conscious contact with a Higher Power, taking steps, keeping principles, and not drinking or using drugs no matter what happens. If there were only one person given the opportunity to help an alcoholic, I would want to be that one person. Thank God there are many of us.

By: Valerie R., A.A 1977

Step 11

“Sought through prayer and meditation to improve our conscious contact with God as we understand Him, praying only for knowledge of His will for us and the power to carry that out.”

Prayer and meditation are our principal means of conscious contact with God.

We A.A.'s are active folk, enjoying the satisfactions of dealing with the realities of life, usually for the first time in our lives, and strenuously trying to help the next alcoholic who comes along. So it isn't surprising that we often tend to slight serious meditation and prayer as something not really necessary. To be sure, we feel it is something that might help us to meet an occasional emergency, but at first many of us are apt to regard it as a somewhat

November 2023 Office Manager Report

	Jan - Sep	Oct	YTD Total
Sales of Goods	\$35,402.67	\$4,691.90	\$40,094.57
Expenses	(\$45,721.09)	(\$8,385.04)	(\$54,106.13)
Cost of Goods	(\$38,024.91)	(\$1,163.98)	(\$39,188.89)
Contributions	\$29,183.90	\$3,059.12	\$32,243.02
Net Income	(\$19,159.43)	(\$1,798.00)	(\$20,957.43)



Contributions

Group	Jan - Sep	Oct	Total
A Gathering of Women	\$727.39	\$35.00	\$762.39
AM/Mid-Day Mod	\$6,294.30	\$639.16	\$6,933.46
Anonymous	\$3,696.96	\$465.87	\$4,162.83
Any Lengths Group	\$80.00		\$80.00
AV Hospital	\$350.00		\$350.00
AV Men's Stag	\$2,004.00	\$574.00	\$2,578.00
AV Roundup	\$2.00		\$2.00
AVYPAA	\$14.59		\$14.59
Backus Any Length	\$0.00	\$140.00	\$140.00
Birthday	\$233.00		\$233.00
Cal City Clubhouse	\$350.00		\$350.00
Came to Believe - Alano Club	\$0.00		\$0.00
Crown Valley Group	\$1,067.00		\$1,067.00
Daily Reflections	\$0.00		\$0.00
Dare to be Different - Alano Club	\$0.00		\$0.00
District 7	\$441.23		\$441.23
Faithful Fiver	\$510.00	\$55.00	\$565.00
Friday Noon - Alano	\$0.00		\$0.00
High Desert BB Grp	\$3,049.25		\$3,049.25
Intergroup Fundraisers	\$920.00		\$920.00
Into Action	\$836.50	\$50.00	\$886.50
Joe & Charlie Book Study - Alano	\$0.00		\$0.00
Lake Hughes Group	\$516.74		\$516.74
New Beginnings	\$0.00		\$0.00
Open Door	\$600.00		\$600.00
Open Participation	\$0.00		\$0.00
Palmdale Grp	\$1,742.00		\$1,742.00
Palmdale Mon Noon 12 & 12	\$145.00		\$145.00
Pearblossom Grp	\$50.00		\$50.00
PM Mod	\$296.00		\$296.00
Quartz Hill Unity Grp	\$1,245.50	\$180.00	\$1,425.50
Rainbow Grp	\$0.00		\$0.00
Recovery @ The Ranch	\$0.00		\$0.00
Rosamond Sun Night	\$153.00		\$153.00
Rule 62 Grp	\$50.00		\$50.00
Sat Spkr Mtg - Alano	\$0.00		\$0.00
Sobriety Rocks	\$0.00		\$0.00
Step Workshop Meeting	\$100.00		\$100.00
Sun Night BBS	\$207.00		\$207.00
The Promises - Alano Club	\$0.00		\$0.00
Thurs Night Step Study	\$100.00		\$100.00
Tuesday Topic Mtg - Alano	\$0.00		\$0.00
Unity Group	\$0.00		\$0.00
Wed Night BBS	\$196.36	\$110.00	\$306.36
Westside Grp	\$204.00	\$101.00	\$305.00
Women in Recovery	\$0.00		\$0.00
Women Seeking Serenity	\$145.00	\$25.00	\$170.00
Sober Sisters	\$0.00		\$0.00
Digital Contributions	\$2,857.08	\$684.09	\$3,541.17
TOTALS	\$26,326.82	\$3,059.12	\$28,701.85

Eric C.	11/27/2021	2	Myrel	11/6/2004	19
Lisa J.	11/2/2020	3	Anna C.	11/10/2003	20
Melissa C.	11/13/2019	4	Elizabeth M.	11/14/2003	20
Belinda T.	11/27/2015	8	Jim B.	11/7/2003	20
Sarah F.	11/11/2014	9	John B.	11/25/2003	20
Barb F.	11/27/2014	9	Michelle T.	11/15/2003	20
John R.	11/1/2012	11	Perry L.	11/6/2003	20
Kevin M.	11/13/2012	11	Sharon B.	11/11/2003	20
Shea G.	11/8/2012	11	Willy S.	11/27/2003	20
Stephen B.	11/21/2012	11	Fidel V.	11/27/2002	21
Christine F.	11/1/2011	12	Joe B.	11/1/2002	21
Britta S.	11/29/2010	13	Julie B.	11/8/2002	21
Misty T.	11/20/2010	13	Ralph S.	11/12/2002	21
Chris W.	11/17/2009	14	Sharon B.	11/17/2002	21
Katherine R.	11/9/2009	14	Art D.	11/30/2001	22
Larry B.	11/7/2009	14	Dana F.	11/5/2001	22
Lisa B.	11/24/2009	14	Darren E.	11/4/2001	22
Louie U.	11/19/2009	14	Jeff G.	11/14/2001	22
Max R.	11/7/2009	14	Maggie V.	11/7/2001	22
Mike P.	11/18/2009	14	David	11/22/2000	23
Shane K.	11/2/2009	14	John	11/27/1999	24
Cholee M.	11/15/2008	15	Colleen S.	11/22/1998	25
Connie P.	11/27/2008	15	Connie S.	11/1/1996	27
Cowboy Dave	11/30/2008	15	Bob M.	11/12/1995	28
Frank P.	11/27/2008	15	Carmen S.	11/10/1995	28
John W.	11/7/2008	15	Corey W.	11/22/1995	28
Richard M.	11/22/2008	15	Mark H.	11/21/1995	28
Lauren S.	11/15/2007	16	Edwin M.	11/24/1994	29
Lyle B.	11/21/2007	16	Frank D.	11/8/1992	31
Paul H.	11/22/2007	16	D. J.	11/7/1990	33
Dan Y.	11/28/2006	17	Robert V.	11/1/1990	33
Joe A.	11/1/2006	17	Dan C.	11/7/1989	34
Julius G.	11/17/2006	17	Dave M.	11/28/1989	34
Ken M.	11/28/2006	17	Joe K.	11/30/1989	34
Laura M.	11/28/2006	17	John M.	11/16/1988	35
Melinda W.	11/19/2006	17	Dale W.	11/5/1987	36
Chris C.	11/4/2005	18	Robert Holt	11/8/1987	36
David W.	11/14/2005	18	Denise J.	11/25/1986	37
Deanna R.	11/7/2005	18	Donna A.	11/7/1985	38
Debbie W.	11/18/2005	18	Dolores S.	11/27/1984	39
Donna M.	11/28/2005	18	Ed B.	11/1/1983	40
Gavland D.	11/15/2005	18	Larry Mc.	11/25/1982	41
Hanny H.	11/28/2005	18	Mike H.	11/13/1982	41
Jackie B.	11/26/2005	18	Virginia G.	11/25/1982	41
James S.	11/10/2005	18	David F.	11/4/1981	42
Mark L.	11/27/2005	18	John S.	11/21/1981	42
Mark W.	11/3/2005	18	Don P.	11/1/1978	45
Tammy R.	11/24/2005	18	Brian	11/13/1977	46
Terry T.	11/1/2005	18	Marge M.	11/7/1977	46
Doug H.	11/8/2004	19	Arne P.	11/10/1976	47
Eloy C.	11/17/2004	19	Al H.	11/6/1972	49
Jose A.	11/2/2004	19	John C.	11/17/1973	50
Kevin E.	11/13/2004	19	Don R.	11/15/1967	55
Kim S.	11/22/2004	19			

**Get your groups birthday list to Central Office
... That's how they appear here!**

Total Years = 2,437

Managers Corner

Do you have an AA birthday this month? Please let us know so you can be remembered here in the Scoop!

This is Gratitude Month ~ if you are grateful to your sobriety and what AA has done for you, it is time to give back! Either participate at your group when they pass the second basket or come by Central Office and make your donation.

Thank You Saturday Volunteers!!

- 1st ~ Larry W. & Vacant
- 2nd ~ Wendy W. & Laura Linn
- 3rd ~ Joni R & Deborah H.
- 4th ~ Katie H. & Vacant
- 5th ~ Stephanie S. & Vacant

Don't forget to visit us on the Web!

