

November 2023

## Inside this Issue

AA in the AV49/ Calendar of Events

The Way it was/ Step 11

As Bill Sees It/ 11<sup>th</sup>
Tradition/11<sup>th</sup> Concept

Manager's Report

AV Intergroup of AA 43619 N. 17<sup>th</sup> Street West, Suite 106 Lancaster, CA 93534 661-945-5757 17<sup>th</sup> Street West / Avenue K

Central Office Web Site: www.avcentraloffice.org Central Office Email: avcentraloffice@gmail.com

Email Scoop submissions: Jessica Christman Jchr93551av@gmail.com

Please limit submissions to 500

# The Scoop

# AA in the AV 49

AA in the AV 49 By Bruce L. District 7 Archivist

After finding the address of Ernie McBride's Used Car Lot in the 1980 Lancaster Yellow Pages, I went to the current location, and there was the old barn-shaped building but it was no longer red and the attached room on the front where the AV Men's Stag used to meet was gone.



Today it's an RV Storage lot. But as you drive by, just south of Avenue J, tip your hat to old Ernie for starting the meeting in 1973, one of the longest continuously attended meetings in the Antelope Valley.



Fifty years and counting.

See you next month, Bruce L.

# **Calendar of Events**

H&I Meeting- 2<sup>nd</sup> Sunday each month @10am, Friends of Bill District 7 Meeting- 2<sup>nd</sup> Monday each month @ 630, Grange Hall AV Roundup Halloween @ The Grange, Oct. 21<sup>st</sup>, Open Door Halloween Costume Party, October 28<sup>th</sup> 9:30 to Midnight \$15 AV H&I Chili Cookoff, November 11<sup>th</sup> 1:30-4:30 @ the Grange

# "THE WAY IT WAS, WHAT HAPPENED, AND HOW IT IS NOW"

### **TODAY**

I enjoy a productive life, interacting with my family, friends and society. It was not always like this, as there was something I had to overcome.

### IN THE BEGINNING

My parents were artistic people with four children. We lived a superficial life, as appearances were very important. My mother was a rage-aholic. I became very self-conscious with dreams to become an actress. In time I married and had children.

Later when my husband wanted a divorce and I became a single mom. Soon I was hospitalized for nervous breakdown. Doctors advised me to take care of myself. At that time I didn't know about "addiction". Soon I found alcohol, and it took away the fear, until a DUI got my attention.

### **BANKRUPT COMPLETELY**

I hated myself, the life that I was providing my children, and realized there must be a better way. Shortly thereafter I found myself crying out to God for help.

### RECOVERY INTRODUCED

Within days I showed up at an AA Meeting. I knew no

one, but took every suggestion. I read books, went to meetings, took commitments, studied the principles, took panels to hospitals & institutions, and got a sponsor. I did not drink or use a mind-altering substance no matter what!!

### I WAS REINVENTED

I developed a new relationship with God. Now I could see Him working in my life. I was emotionally present when my mom died a year later from cancer. I never blamed her for my life, as she was an untreated alcoholic. When I remarried at 5 years sober I chose someone with healthy values and I work at becoming the wife I always wanted to be. And the mom I always wanted my children to have. I was sober 13 years when my brother overdosed on drugs. I understood that I could not get sober for him, and was powerless over his decisions. He hit bottom; it was death. My brother's demise drove me into a huge mid-life crisis. I threw myself into therapy, inner-child work, and found that someone could sustain depression, and not drink. When my eldest son died of cancer, I was 25 years sober. I understand loss now a little differently. We teach our children and release them. This experience provided me the opportunity to cofacilitate a bereavement group.

### GIVE IT AWAY TO KEEP IT

My recovery is not only mine. My family reaps the

blessings of my gift of sobriety. My calling is to share my strength with those who want guidance. My disease stays in remission by keeping a conscious contact with a Higher Power, taking steps, keeping principles, and not drinking or using drugs no matter what happens. If there were only one person given the opportunity to help an alcoholic, I would want to be that one person. Thank God there are many of us.

By: Valerie R., A.A 1977

# Step 11

"Sought through prayer and meditation to improve our conscious contact with God <u>as</u> we understand Him, praying only for knowledge of His will for us and the power to carry that out."

Prayer and meditation are our principal means of conscious contact with God.

We A.A.'s are active folk, enjoying the satisfactions of dealing with the realities of life, usually for the first time in our lives, and strenuously trying to help the next alcoholic who comes along. So it isn't surprising that we often tend to slight serious meditation and prayer as something not really necessary. To be sure, we feel it is something that might help us to meet an occasional emergency, but at first many of us are apt to regard it as a somewhat

mysterious skill of clergymen, from which we may hope to get a secondhand benefit. Or perhaps we don't believe in these things at all.

As Bill Sees It: Perception of Humility

An improved perception of humility starts a revolutionary change in our outlook. Our eyes begin to open to the immense values which have come straight out of painful ego-puncturing. Until now, our lives have been largely devoted to running from pain and problems. Escape via the bottle was always our solution.

Then in A.A. we looked and listened. Everywhere we saw failure and misery transformed by humility in to priceless assets.

To those who have made progress in A.A., humility amounts to a clear recognition of what and who we really are, followed by a sincere attempt to become what we could be.
-TWELVE AND TWELVE pg. 74-75, pg. 58

# **The 11th Tradition**

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

Without its legions of well-wishers, A.A. could never have grown as it has. Throughout the world, immense and favorable publicity of every description has been the principal means of bringing alcoholics into our Fellowship. In A.A. offices, clubs, and homes, telephones ring constantly. One voice says, "I read a piece in the newspapers..."; another, "We heard a radio program..."; and still another, "We saw a moving picture..." or "We saw something about A.A. on television..." It is no exaggeration to say that half of A.A.'s membership has been led to us through channels like these. The inquiring voices are not all alcoholics or their families. Doctors read medical papers about Alcoholics Anonymous and call for more information. Clergymen see articles in their church journals and also make inquiries. Employers learn that great corporations have set their approval upon us, and wish to

rely upon the principle of attraction rather than of promotion.



# **Eleventh Concept**

While the trustees hold final responsibility for A.A's world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying committees and service boards, their personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs, and consultants together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

practice. We found that we had to

discover what can be done about

Therefore, a great responsibility

fell upon us to develop the best

possible public relations policy

experiences, we think we have

arrived at what that policy ought

to be. It is the op-posite in many

ways of usual promotional

for Alcoholics Anonymous.

Through many painful

alcoholism in their own firms.

### November 2023 Office Manager Report YTD Total Jan - Sep Oct Sales of Goods \$35,402.67 \$4,691.90 \$40,094.57 Expenses (\$45,721.09) (\$8,385.04)(\$54,106.13 Cost of Goods (\$38,024.91) (\$1,163.98)(\$39.188.89 Contributions \$29,183.90 \$3,059.12 \$32,243.02 (\$19,159.43) Net Income (\$1,798.00) (\$20,957.43 Lisa J. Anna ( 11/10/200 **Contributions** 11/13/201 20 Melissa ( Elizabeth N 11/14/2003 Graun Jan - Sen \$727.39 Tota Jim F 11/7/2003 Belinda T A Gathering of Women \$35.00 \$762.39 11/11/2014 /2003John l Sarah 11/27/2014 Michelle 11/15/2003 AM/Mid-Day Mod \$6,294.30 \$639.16 \$6,933.46 Barb I \$3,696.96 \$465.87 \$4,162.83 11/1/201 Perry 1 Anonymous John R Any Lengths Group \$80.00 \$80.00 11/13/2013 Sharon Willy S 11/11/2003 Kevin M 11/8/201 11/27/2003 AV Hospital \$350.00 \$350.00 Shea G 11/27/2002 \$574.00 11/21/201 AV Men's Stag \$2,004.00 \$2,578,00 Fidel V <u>Stephen F</u> 11/1/2011 11/1/2002 \$2.00 AV Roundun \$2.00 Christine I Joe B Julie B Ralph AVYPAA \$14.59 11/8/2002 \$14.59 Britta \$0.00 11/20/201 11/12/2002 Backus Any Length \$140.00 \$140.00 Misty ' \$233.00 Chris W 11/17/2009 Sharon 11/17/2002 Birthday \$233.00 Cal City Clubhouse \$350.00 11/9/2009 11/30/2001 Katherine Art D Came to Believe - Alano Club Crown Valley Group 11/5/2001 11/4/2001 \$0.00 \$0.00 11/7/200Dana I \$1,067,00 \$1,067.00 Lisa B 11/24/2009 Darren 11/19/2009 11/14/2001 Daily Reflections \$0.00 \$0.00 Louie U 14 Jeff G 11/7/2001 11/22/2000 11/27/1999 11/7/2009 \$0.00 Dare to be Different - Alano Club \$0.00 Max R 14 Maggie 11/18/200 District 7 \$441.23 \$441.23 Mike P David Faithful Fiver \$510.00 \$565.00 \$55,00 John Shane l 11/15/200 11/27/200 11/22/1998 Friday Noon - Alano \$0.00 Cholee N Colleen S High Desert BB Grp \$3,049.25 \$3,049.25 11/1/1996 Connie P 11/30/2008 11/12/1994 Intergroup Fundraisers \$920.00 \$920.00 Cowboy Day Bob M 11/27/2008 11/7/2008 11/10/1994 \$836.50 \$50.00 \$886.50 Carmen S Corev W Into Action Frank I Joe & Charlie Book Study - Alano John W \$0.00 \$0.00 Lake Hughes Group \$516.74 11/22/200 11/2/199 Mark H \$516.74 Richard N New Beginnings 11/15/200 Edwin M 11/24/199 \$0.00 \$0.00 16 auren S \$600.00 11/8/1992 Open Door Lyle B 11/21/2007 16 Frank D. \$0.00 11/7/1990 Open Participation \$0.00 Paul H 11/22/200 11/28/2006 33 Palmdale Grp \$1,742.00 \$1,742.00 Dan Y Robert 11/1/1990 34 Palmdale Mon Noon 12 & 12 11/1/2006 11/7/1989 \$145.00 \$145.00 Joe A Dan ( Pearblossom Grp \$50.00 34 \$50.00 Julius C 11/17/2006Dave N 11/28/1989 11/28/2006 11/28/2006 11/28/2006 11/30/1989 PM Mod \$296.00 \$296.00 Joe K John Ken M Quartz Hill Unity Grp \$1,245.50 \$180.00 \$1,425.50 11/16/198 Laura N 11/19/2006Dale W 11/5/1987 Rainbow Grp \$0.00 Melinda W Recovery @ The Ranch \$0.00 \$0.00 11/4/200 11/8/1987 11/25/1986 11/14/2003 Rosamond Sun Night \$153.00 \$153.00 David W Denise. Rule 62 Grp \$50.00 \$50.00 11/7/200: Donna A 11/7/1985 11/18/2005 11/27/1984 Sat Spkr Mtg - Alano \$0.00 \$0.00 Debbie W 18 Dolores 11/1/1983 11/28/2005 Sobriety Rocks \$0.00 \$0.00 Ed B. 40 Donna M Step Workshop Meeting \$100.00 \$100.00 Gayland I Larry Mo 11/13/1982 11/25/1982 11/28/200 Mike H Sun Night BBS \$207.00 \$207.00 Hanny H The Promises - Alano Club \$0.00 Jackie B 11/26/200 Virginia ( Thurs Night Step Study \$100.00 \$100.00 James S 11/10/2005 David F 11/4/1981 Tuesday Topic Mtg - Alano \$0.00 \$0.00 Mark I John S 11/21/1981 11/3/200 \$0.00 \$0.00 Mark W 11/11/1978 Unity Group 18 Don P Wed Night BBS \$110.00 11/24/2003 11/13/1977 \$196.36 \$306.36 Brian 46 Tammv F 11/1/2005 11/8/2004 Westside Grp \$204.00 \$101.00 \$305.00 Marge Terrv ' Women in Recovery \$0.00 Doug H Arne P 11/10/1976 \$0.00 Women Seeking Serenity \$145.00 \$25.00 \$170.00 Eloy ( 11/6/1972 Sober Sisters \$0.00 11/2/2004 19 11/17/1973 Jose A 19 Don R 11/15/196 Digital Contributions \$2,857.08 \$684.09 \$3,541,17 Get your groups birthday list to Central Office That's how they appear here!

Do you have an AA birthday this month? Please let us know so you can be remembered here in the Scoop!

Managers Corner

\$26,326.82 | \$3,059.12 | \$28,701.85

This is Gratitude Month ~ if you are grateful to your sobriety and what AA has done for you, it is time to give back! Either participate at your group when they pass the second basket or come by Central Office and make your donation.

# Thank You Saturday Volunteers!!

1st ~ Larry W. & Vacant 2nd ~ Wendy W. & Laura Linn 3rd ~ Joni R & Deborah H. 4th ~ Katie H. & Vacant 5th ~ Stephanie S. & Vacant

TOTALS

Don't forget to visit us on the Web!

Total Years =

